



## EQUIPMENT LIST FOR BACKCOUNTRY SKIING

## NOTES

Ski pack 32-45L. The pack should be designed to carry avalanche rescue equipment	Exum can provide. Limited quantities. Must notify office
<b>RESCUE KIT</b>	
Rescue shovel	Exum can provide. Must notify the office
Probe	Exum can provide. Must notify the office
Beacon/Transceiver	Exum can provide. Must notify the office
Communication devices	Guide will provide device and give instruction on how to use.
<b>PERSONAL KIT</b>	
Synthetic or wool base layer top and bottom	
Lightweight fleece or wind shirt	
Soft shell jacket	
Soft shell pants	
Shell jacket must be waterproof	
Shell pants must be waterproof	
Light insulating top – Synthetic or down that can be worn under a shell jacket	
Mid insulation jacket- Synthetic or down, with a hood that can fit over ALL layers	
Mid-weight gloves- These can be worn for skinning or hiking uphill	
Heavy weight gloves or mittens- For cold or stormy weather	
Winter Hat- Warm hat, wool or synthetic	
Baseball hat or visor	
Sunscreen	
Lip Balm	
Sunglasses	
Ski Goggles	
2 – 32 oz/1Liter water bottles – HYDRATION BLADDERS FREEZE	
Food – Please don't forgot your healthy snacks to fuel your day	
Ski helmet – Optional/user discretion	Optional/user discretion

<b>SKI TOURING GEAR</b>	
Alpine touring boots that fit your skis	DO THEY WORK AND ARE THEY IN GOOD CONDITION?
Skis with touring binding	DO THEY WORK AND ARE THEY IN GOOD CONDITION?
Skins that fit your skis – double check!	DO THEY WORK AND ARE THEY IN GOOD CONDITION?
Poles that are adjustable and have backcountry baskets	DO THEY WORK AND ARE THEY IN GOOD CONDITION?